

## ESAA – SUFFOLK ROLL OF HONOUR

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The *Suffolk Schools' Athletics Association* was formed in 1926 at a meeting in Ipswich.

It held its first county championship on the 18<sup>th</sup> June, 1927 at Ipswich Town F.C.'s Portman Road Stadium. There were 292 competitors from 8 of the 14 district associations with Ipswich being the most successful association. After the event a team of 31 boys and 17 girls were chosen to form Suffolk's first team to compete at an ESAA Championship.

Miss Gwynneth Perriman of Southwold competed as a runner in the 1928 and 1929 ESAA championships. However, in 1930 she gained Suffolk's first ESAA Championship point with a distance of 14' 9½" in the Girls Under-14 long jump for a 4<sup>th</sup> place finish.

In 1932 Joan Gooch of Ipswich Central School was Suffolk's first ESAA champion with a victory in the 100 yards. She had shown her great promise 5 weeks earlier when winning the Suffolk title with an English under-14 record of 11.8 seconds.

### WORLD CHAMPIONSHIP MEDALLIST

|             |                                |
|-------------|--------------------------------|
| Jon Ridgeon | 1987 110m Hurdles Silver       |
|             | 1983 I 100mH-1, 1984 S 110mH-1 |

### EUROPEAN CHAMPIONSHIP MEDALLIST

|           |                                                |
|-----------|------------------------------------------------|
| Bev Kinch | 1990 4 x 100m Bronze                           |
|           | 1979 I LJ-2, 1980 I LJ-3, 1980 and 1981 S LJ-1 |

### COMMONWEALTH GAMES MEDALLISTS

|                |                                                             |
|----------------|-------------------------------------------------------------|
| Bev Kinch      | 1982 Long Jump Bronze                                       |
|                | 1979 I LJ-2, 1980 I LJ-3, 1980 and 1981 S LJ-1              |
| Jo Jennings    | 1998 High Jump Silver                                       |
|                | 1984 J HJ-1, 1985 and 1986 I HJ-1, 1987 S HJ-1, 1988 S HJ-2 |
| John Sheldrick | 1962 Discus Throw Bronze                                    |
|                | 1954 J DT-1, 1955 S DT-2, 1956 I DT-1, 1957 S DT-1          |
| Bill Tancred   | 1970 Discus Throw Bronze, 1974 Discus Throw Silver          |
|                | 1958 I JT-4                                                 |
| Charles Clover | 1974 Javelin Throw Gold                                     |
|                | 1971 I JT-2                                                 |

### BRITISH CHAMPIONS

|           |                                                |
|-----------|------------------------------------------------|
| Bev Kinch | 1993 100m                                      |
|           | 1979 I LJ-2, 1980 I LJ-3, 1980 and 1981 S LJ-1 |

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|                                    |                                                                                    |
|------------------------------------|------------------------------------------------------------------------------------|
| Jo Jennings                        | 1998-2000 High Jump<br>1984 J HJ-1, 1985 and 1986 I HJ-1, 1987 S HJ-1, 1988 S HJ-2 |
| Charlene Thomas<br>(née Snelgrove) | 2009 1500m<br>2000 S 800m-6                                                        |
| Derek Clarke                       | 1964 and 1966 Decathlon<br>1954 I JT-2                                             |
| Bill Tancred                       | 1966-70, 1972-73 Discus Throw<br>1958 I JT-4                                       |
| Pete Tancred                       | 1977-78 Discus Throw<br>1964 J JT-3                                                |
| Jon Ridgeon                        | 1987 110m Hurdles, 1996 400m Hurdles<br>1983 I 100mH-1, 1984 S 110mH-1             |
| Matti Mortimore                    | 2016 Javelin Throw<br>2007 J JT-1, 2008 I JT-1, 2010 S JT-2                        |
| Callum Wilkinson                   | 2019 and 2020 5k Walk, 2024 10k Walk<br>2013 I 5k Walk-1, 2014 S 5k Walk-1         |
| Harry Hughes                       | 2019 Javelin Throw<br>2012 J JT-1, 2013 I JT-1, 2014 I JT-3, 2016 S JT-1           |

*Notes regarding the athlete details shown above :*

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

*yyyy*    Championship Year

*a*        Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

*eeee*    Event

*p*        Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)

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### ESAA GIRLS CHAMPIONS

|      |     |         |                   |
|------|-----|---------|-------------------|
| 1932 | U14 | 100y    | Joan Gooch        |
| 1936 | U14 | 150y    | Vera Baker        |
| 1937 | U14 | 150y    | Vera Baker        |
| 1946 | U16 | 80yH    | R. Hemmant        |
| 1947 | U16 | 80yH    | R. Hemmant        |
| 1951 | J   | 150y    | V. Brown          |
| 1951 | I   | LJ      | P. Castleton      |
| 1952 | J   | 150y    | B. Brown          |
| 1953 | S   | HJ      | D. Parkinson      |
| 1954 | J   | 70yH    | Margaret Allum    |
| 1955 | S   | DT      | Pamela Sweett     |
| 1962 | J   | 70yH    | Josephine Kendle  |
| 1977 | J   | JT      | Jeanette Marsh    |
| 1979 | J   | SP      | Susan King        |
| 1981 | I   | SP      | Susan King        |
| 1981 | S   | LJ      | Bev Kinch         |
| 1982 | S   | LJ      | Bev Kinch         |
| 1982 | S   | SP      | Susan King        |
| 1983 | S   | SP      | Susan King        |
| 1984 | J   | 75mH    | Amanda Parker     |
| 1984 | J   | HJ      | Jo Jennings       |
| 1985 | I   | HJ      | Jo Jennings       |
| 1985 | I   | JT      | Angelique Pullen  |
| 1986 | I   | 80mH    | Amanda Parker     |
| 1986 | I   | HJ      | Jo Jennings       |
| 1987 | S   | HJ      | Jo Jennings       |
| 1992 | I   | HJ      | Lindsay Evans     |
| 1994 | J   | 75mH    | Nicola Hall       |
| 1997 | I   | SP      | Amy Wilson        |
| 1999 | S   | SP      | Amy Wilson        |
| 2000 | S   | CC      | Ellie Tricket     |
| 2001 | I   | JT      | Joanne Chapman    |
| 2008 | J   | HJ      | Charlotte Shelley |
| 2009 | I   | DT      | Samantha Milner   |
| 2009 | I   | TJ      | Montana Jackson   |
| 2022 | S   | 200m    | Millie King       |
| 2024 | I   | 3k Walk | Cerys Bithell     |

## ESAA – SUFFOLK ROLL OF HONOUR

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### ESAA BOYS CHAMPIONS

|      |   |       |                 |      |   |         |                   |
|------|---|-------|-----------------|------|---|---------|-------------------|
| 1951 | I | HJ    | Anthony Lee     | 2002 | S | 3000m   | Tom Sharland      |
| 1954 | J | DT    | John Sheldrick  | 2003 | S | CC      | Sam Jacobs        |
| 1956 | J | 80yH  | Barry Smart     | 2004 | S | 3000m   | Matt Barnes-Smith |
| 1956 | I | DT    | John Sheldrick  | 2007 | J | JT      | Matti Mortimore   |
| 1957 | I | HJ    | David Gaunt     | 2008 | I | JT      | Matti Mortimore   |
| 1957 | S | DT    | John Sheldrick  | 2011 | S | CC      | Kieran Clements   |
| 1961 | J | HT    | Anthony Swain   | 2012 | J | JT      | Harry Hughes      |
| 1961 | J | LJ    | Martin Cooper   | 2013 | J | LJ      | Benson Craven     |
| 1962 | J | HT    | Anthony Swain   | 2013 | I | 5k Walk | Callum Wilkinson  |
| 1975 | S | HT    | Malcolm Fenton  | 2013 | I | 1500mST | Michael Bartram   |
| 1976 | S | 5000m | Kevin Tesh      | 2013 | I | JT      | Harry Hughes      |
| 1977 | I | TJ    | Nick Leech      | 2014 | S | 5k Walk | Callum Wilkinson  |
| 1977 | S | 5000m | Kevin Tesh      | 2014 | S | JT      | Marshall Childs   |
| 1978 | I | TJ    | Nick Leech      | 2015 | J | 800m    | Joshua Hulse      |
| 1979 | J | 100m  | Robert Brown    | 2015 | S | 2000mST | Michael Bartram   |
| 1979 | S | DT    | Chris Dinsdale  | 2016 | S | JT      | Harry Hughes      |
| 1979 | S | JT    | Ian Marsh       | 2017 | I | 5k Walk | George Wilkinson  |
| 1982 | J | SP    | A. Castleton    | 2019 | J | CC      | Lewis Sullivan    |
| 1983 | I | 100mH | Jon Ridgeon     | 2019 | S | 5k Walk | George Wilkinson  |
| 1984 | S | 110mH | Jon Ridgeon     | 2020 | J | CC      | Ben Peck          |
| 1985 | J | HJ    | Mike King       | 2022 | I | 1500m   | Henry Dover       |
| 1989 | S | HJ    | Mike King       | 2023 | I | 400m    | Stan Chevous      |
| 1990 | I | TJ    | Uche Onyekweli  | 2024 | S | 400m    | Stan Chevous      |
| 1995 | I | SP    | James Bull      | 2026 | J | HJ      | Alexander Marvell |
| 1998 | S | DEC   | Jason McDade    | 2026 | J | JT      | Jacob Dines       |
| 1999 | I | 800m  | Stephen Tompson | 2026 | I | JT      | Finley Dines      |
| 2002 | S | CC    | Tom Sharland    |      |   |         |                   |

# ESAA – SUFFOLK ROLL OF HONOUR

## SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 2 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are for *Cross Country* and *Track and Field*. The *Indoor Pentathlon International* (commonly referred to as the *SIAB Indoor Pentathlon*) is actually organised by the *Scottish Schools' Athletic Association (SSAA)*.

A fourth championship, the *British Schools Indoor Athletics Championships* was also held from 1990 to 2000.

### GIRLS WINNERS

|      |   |          |                  |      |     |       |                |
|------|---|----------|------------------|------|-----|-------|----------------|
| 1981 | I | SP       | Susan King       | 1995 | U16 | i60mH | Nicola Hall    |
| 1985 | I | HJ       | Jo Jennings      | 1996 | I   | 80mH  | Nicola Hall    |
| 1985 | I | JT       | Angelique Pullen | 1997 | I   | SP    | Amy Wilson     |
| 1987 | I | 200m (B) | Helen Ashton     | 2001 | I   | JT    | Joanne Chapman |
| 1992 | I | HJ       | Lindsay Evans    | 2021 | I   | 200m  | Millie King    |
| 1994 | I | 100m     | Laura Seston     |      |     |       |                |

### BOYS WINNERS

|      |   |       |                 |      |   |         |                   |
|------|---|-------|-----------------|------|---|---------|-------------------|
| 1965 | S | HT    | Anthony Swain   | 2002 | I | 3000m   | Matt Barnes-Smith |
| 1976 | I | 3000m | Stirling Wilson | 2008 | I | JT      | Matti Mortimore   |
| 1978 | I | 400mH | Adrien Damant   | 2013 | I | 1500mST | Michael Bartram   |
| 1981 | I | 100m  | Robert Brown    | 2013 | I | JT      | Harry Hughes      |
| 1984 | I | JT    | Nigel Bevan     | 2019 | J | CC      | Lewis Sullivan    |
| 1989 | I | JT    | David Hughes    | 2022 | I | 1500m   | Henry Dover       |
| 1990 | I | TJ    | Uche Onyekweli  | 2023 | I | 400m    | Stan Chevous      |
| 1999 | I | 800m  | Stephen Tompson | 2026 | I | JT      | Finley Dines      |

Winning performances are shown in the abbreviated format – yyyy a eeee where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at an indoor meeting).

In some events in the 1970s and 1980s two races (A and B) were necessary because of a limited number of lanes at the venue. An '(A)' or '(B)' highlights where this was the case.

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### WORLD JUNIOR / U20 MEDALLISTS - BOYS

|      |                  |                                       |
|------|------------------|---------------------------------------|
| 1986 | Jon Ridgeon      | 110m Hurdles Silver and 4 x 100m Gold |
| 2008 | Louis Persent    | 4 x 400m Silver                       |
| 2016 | Callum Wilkinson | 10k Walk Gold                         |

### EUROPEAN U23 MEDALLISTS - BOYS

|      |                  |                 |
|------|------------------|-----------------|
| 2019 | Callum Wilkinson | 20k Walk Bronze |
|------|------------------|-----------------|

Louis Persent (2011 4 x 400m Gold) ran in the relay heat but not in the final.

### EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

|      |                 |                               |
|------|-----------------|-------------------------------|
| 1985 | Jon Ridgeon     | 110m Hurdles Gold             |
| 2007 | Louis Persent   | 4 x 400m Gold                 |
| 2009 | Louis Persent   | 400m Bronze and 4 x 400m Gold |
| 2012 | Kieran Clements | Cross Country Bronze          |